

Ear Surgery Information Brochure Department of Otolaryngology

Name of Surgery:

Your physician is: Dr. Timothy
Hullar

Phone: 314-362-7182 or
800-437-5430
(Mary Kay Piantanida, LPN)

Please call during business hours to
prevent any delay in addressing your
problem.

If after regular business hours,
call (314) 362-1242 and ask for the
ENT resident on call.

We hope that you had a comfortable
experience before, during, and after
your procedure. Although we try to
explain everything that may occur, we
want you to have this information

brochure to refer to during your
recovery time.

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Surgical Dressing

You will have a dressing over the ear that was
operated on. It is usually in the shape of a plastic
dome, although some patients have gauze
wrapped around their heads. If you feel the
dressing is too tight, you may relax it slightly.

**It is very important to keep pressure against the
side of the head for 48 hours.**

Remove this dressing 48 hours following the
procedure.

After removal you will notice a LARGE cotton
ball in the cup of the ear. Please remove this.

DO NOT REMOVE the smaller cotton ball that
has been placed deeper in the ear canal.

Your Stitches

You may notice a set of stitches behind the ear.

Keep stitches clean by blotting them with
hydrogen peroxide.

DO NOT RUB THEM.

Medications

You have been prescribed antibiotics and pain pills.
You may also have received a prescription for an
anti-nausea medicine. Please take these as
directed.

If you continue to have pain, you may use Tylenol
instead of your pain pills. DO NOT use aspirin or
ibuprofen type medications.

After Surgery

You will notice that your hearing has not improved
following the surgery. THIS IS NORMAL. As you
heal you may notice changes in your hearing.

You may find it difficult to wear eyeglasses the first
two days because they may not fit over your ear
dressing.

Things to Watch For

Contact us immediately if you notice:

Any swelling under the skin (like a walnut
growing under the skin)

An increase in redness

An increase in tenderness

An increase in pain

A fever

Dizziness or vertigo

A sudden change in your hearing

It is normal to have a small amount of leakage of
fluid (blood or drainage) through the incision behind
the ear. This is only a problem if it continues for
several days or becomes foul-smelling. If you wish,
you may catch the leakage in a piece of gauze
taped over the wound

Do's and Don't's

You will be more comfortable if you sleep for
about a week with your head elevated on
several pillows. You may find it easier to sleep
in an easy chair.

DO NOT blow your nose.

DO NOT bend over.

DO NOT strain.

DO NOT lift anything heavy.

If you need to sneeze, DO NOT stifle it. Leave your mouth open to avoid building up pressure in the ear.

Post-OP appointment date and time is:
